

GRADING INFORMATION – 2nd KUP / RED BELT

Practical Grading Required

Pattern – Hwa Rang

3 Patterns (1 Student's Choice, 2 Examiner's Choice)

Line work examiner's choice

1 Step Sparring

Other Step Sparring

Pad Work – Sparring Routines, 30 seconds hands, 30 seconds feet

Free Sparring

Theory Study Required

Interpretation of Hwa Rang

Hwa Rang, 29 movement pattern – is named after the Hwa Rang youth group, which originated in the Silla Dynasty about 600 AD and became the driving force for the unification of the three kingdoms of Korea. The 29 movements refer to the 29th infantry division, where Tae Kwon-Do developed into maturity.

Korean Terminology Study Required

Close ready stance 'C'	Moa junbi sogi 'C'
Upward punch	Ollyo jirugi
Knife-hand downward strike	Sonkal naeryo taerigi
Side elbow thrust	Yop palkup tulgi
Reverse hooking kick	Bandae dollyo goro chagi
Consecutive kick	Yonsok chagi
Twisting kick	Bituro chagi
Side sole	Yop bal badak
Toes	Balkut
Open fist	Pyon joomuk
Under forearm	Mit palmok
Back forearm	Dung palmok
Sliding	Mikulgi
Turning	Dolgi
Grabbing	Butjaba

(Variations of the grading format are at the examiners discretion, this sheet is for guidance only)

AVAILABLE ONLINE AT : www.TAGB.net / www.TAGB.info