

## **GRADING INFORMATION – 3<sup>rd</sup> KUP / RED TAG**

### **Practical Grading Required**

#### **Pattern – Toi Gye**

Student's Choice Pattern  
Examiner's Choice Pattern  
3 Step Semi Free Sparring (Advanced)  
1 Step Sparring  
Pad Work – Sparring Kicks, Single 45°, Double 45°, Turning & Downward  
Free Sparring

### **Theory Study Required**

#### **Meaning of Red Belt**

Red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

#### **Interpretation of Toi Gye**

Toi Gye, 37 movement pattern – is the pen name of the noted scholar Yi Hwang (16th AD) an authority on neo-Confucianism. The 37 movements refer to his birthplace on 37 degrees latitude and the diagram (±) represents scholar.

### **Korean Terminology Study Required**

Outer forearm W-shape block	Bakat palmok san makgi
Double forearm pushing block	Doo palmok miro makgi
Backfist back strike	Dung joomuk dwit taerigi
Upset fingertip thrust	Dwijibo sonkut tulgi
Twin side elbow thrust	Sang yop palmok tulgi
Crescent kick	Bandal chagi
45 degree kick	Beet chagi
Vertical kick	Sewo chagi
1 step sparring	Ilbo matsoki
Arm	Pal
Leg	Dari
Wrist	Sonmok

( Variations of the grading format are at the examiners discretion, this sheet is for guidance only)

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