

## **GRADING INFORMATION – 8<sup>th</sup> KUP / YELLOW BELT**

### **Practical Grading Required**

#### **Pattern – Dan Gun**

L-Stance – Twin Forearm Block  
L-Stance – Inward Block  
L-Stance – Forearm Guarding Block  
Front Kick – Double Punch  
Turning kick – Guarding Block  
3 Step Sparring (1 2 3 4)

### **Theory Study Required**

#### **Interpretation of Dan Gun**

Dan Gun, 21 movement pattern – is named after the holy Dan Gun, the legendary founder of Korea in the year 2333 BC.

### **Korean Terminology Study Required**

Knife-hand guarding block	Sonkal daebi makgi
Inward block	Anuro makgi
Twin forearm block	Sang palmok makgi
Outward knife-hand strike	Bakuro sonkal taerigi
Backfist front strike	Dung joomuk ap taerigi
Turning kick	Dollyo chagi
3 Step sparring	Sambo matsoki
Inward	Anuro
Outward	Bakuro
Five	Dasaul
Six	Yousaul
Seven	Ilgop
Eight	Yodoll
Nine	Ahop
Ten	Yoll

( Variations of the grading format are at the examiners discretion, this sheet is for guidance only)

**AVAILABLE ONLINE AT : [www.TAGB.net](http://www.TAGB.net) / [www.TAGB.info](http://www.TAGB.info)**