

GRADING INFORMATION – 9th KUP / YELLOW TAG

Practical Grading Required

Pattern – Chon–Ji
L–Stance – Knife–hand Strike
L–Stance – Middle Block
Sitting Stance – Double Punch
Walking Stance – Double Punch
Walking Ready Stance – Front Kick
Walking Stance – Low Block Rising Block

Theory Study Required

Meaning of Yellow Belt

Yellow signifies the Earth from which a plant sprouts and takes root, as the foundations of Tae Kwon–Do are being laid.

Interpretation of Chon Ji

Chon Ji, 19 movement pattern – means literally “the Heaven the Earth”. In the orient it is interpreted as the creation of the world or the beginning of human history, it is therefore the initial pattern performed by the beginner. The pattern consists of two similar parts, one to represent the Heaven and the other the Earth.

Korean Terminology Study Required

L–stance	Niunja sogi
Walking ready stance	Gunnun junbi sogi
Forearm rising block	Palmok chookyo makgi
Obverse punch	Baro jirugi
Reverse punch	Bandae jirugi
Double punch	Dibo jirugi
Front kick	Ap chagi
Side kick	Yop chagi
One	Hanna
Two	Dool
Three	Seth
Four	Neth
High	Nopunde
Middle	Kaunde
Low	Najunde
Instructor	Sabum
Student	Jeja

(Variations of the grading format are at the examiners discretion, this sheet is for guidance only)

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